



THE SCHOOL NURSE BULLETIN

FEBRUARY 2016

Stephanie G. Knutson, MSN, RN
Connecticut State Department of Education
Education Consultant

Annual Ordering School Health Records 2016-17 School Year

It is time to order Cumulative Health Records (CHR-I White Folders) and Health Assessment Records (HAR-3 Blue forms) for delivery in spring 2016, and use in the 2016-17. This year, all orders will be collected via Survey Monkey at the following link: <https://www.surveymonkey.com/r/XN5WF28>.

Please order sufficient numbers to share with charter, magnet, private and parochial schools served by your district and with all health care provider offices in your community. CHR- and HA-3 forms are delivered to local or regional boards of education. You are responsible for providing the health care providers in your community with forms. Please note the following additional information:

- There are no changes or updates to the HAR-3 or CHR-I forms. The latest version of the HAR-3 form is located on the CSDE school nurse Web site at www.ct.gov/sde/schoolnurse. That is the form that you will receive in your orders. Please visit the Web site before sending inquiries regarding the latest version. The version on the Web site is what you will receive for the 2016-17 school year.
- We only supply the CHR-I and HAR-3 forms. We do not supply the Early Childhood Health Assessment Forms (yellow forms). The Early Childhood forms are also located on the CSDE school nurse Web site at www.ct.gov/sde/schoolnurse. Please continue to download and print copies of the Early Childhood Health Assessment Forms as you need them.
- Only 1 (one) delivery per town. Magnet and Charter schools, please contact your local town's Board of Education (nursing supervisor) and make your requests for the forms that you will need for the 2016-17 school year. Individual school orders will not be processed. Please be sure to connect with the nursing supervisor of the town in which your school resides. The local public school is responsible for ordering your supplies, as well as supplies for the local providers. This ensures that multiple orders for the same providers will be avoided.
- We do not have specific dates when your orders will be delivered. They will be delivered before the end of the school year (June 2016).
- Orders are done annually. Do not order excessively. Order for one year only.
- We do not store supplies here at the CSDE. Therefore, if you need forms now we are unable to assist you. The latest version of the HAR-3 form is located on the CSDE school nurse Web site at www.ct.gov/sde/schoolnurse.
- For those districts conducting early registration of PreK and Kindergarten students, please download and print the forms that you need from the CSDE school nurse Web site at www.ct.gov/sde/schoolnurse. We do not have information regarding the specific dates when you will receive your supplies and do not store any forms here at the CSDE.
- All orders must be sent via Survey Monkey. No emails or faxes will be accepted.

Once the orders are processed, we will keep you informed when we have information about approximate delivery schedules. If you have questions, please contact Glenda Stuckey or Stephanie Knutson at Glenda.stuckey@ct.gov or stephanie.knutson@ct.gov.

Cultural Responsiveness Training: REGISTRATION Form

REGISTRATION: PLEASE RETURN TO: Judy.Feinstein@ct.gov by March 11, 2016

NAME: _____

ORGANIZATION/SCHOOL _____

EMAIL _____ TELEPHONE NUMBER _____

ACCOMMODATIONS NEEDED _____

DATE(S) OF ATTENDANCE PLEASE CHECK

LOCATION	CULTURAL RESPONSIVENESS DATE AND TIME	WILL ATTEND
UNITED WAY 100 NORTH ELM STREET WATERBURY	MARCH 15 TH 9:30AM – 4:00PM	
NEW HAVEN LOCATION TBA	TUESDAY MARCH 22 ND 9:30AM – 4:00PM	
DSS OFFICE 20 MEADOW ROAD WINDSOR	THURSDAY MARCH 31 ST 9:30AM – 4:00PM	
SOUTHWEST COMMUNITY CENTER 46 ALBION STREET BRIDGEPORT	TUESDAY APRIL 5 TH AND 9:30AM – 4:00PM	
ACCESS 1315 MAIN STREET WILLIMANTIC	THURSDAY MAY 5 TH 9:30AM – 4:00PM	
LOCATION	THE GUIDING PRINCIPLES IN USING A CULTURALLY RESPONSIVE CASE MANAGEMENT ASSESSMENT and THE CMCR ASSESSMENT TOOL DATE AND TIME	WILL ATTEND
UNITED WAY 100 NORTH ELM STREET WATERBURY	MARCH 30 TH 9:30AM – 4:00PM	
DSS OFFICE 20 MEADOW ROAD WINDSOR	THURSDAY APRIL 7 TH 9:30AM – 4:00PM	
SOUTHWEST COMMUNITY CENTER 46 ALBION STREET BRIDGEPORT	WEDNESDAY APRIL 20 TH 9:30AM – 4:00PM	
NEW HAVEN LOCATION TBA	TUESDAY APRIL 26 TH 9:30AM – 4:00PM	
ACCESS 1315 MAIN STREET WILLIMANTIC	THURSDAY MAY 12 TH 9:30AM – 4:00PM	



LIVE WELL:
*A program for Connecticut's Adults with
 Chronic Health Conditions*



The Connecticut Department of Public Health (DPH) and the State Department on Aging (SDA) is making available to school district staff a FREE, evidence based program for people with ongoing health conditions. The highly interactive program called LIVE WELL meets for 2 ½ hours, once a week for 6 weeks. Participants are empowered to take control of their health to become active self-managers. Please see the attached brochure. Some of the topics covered include:

- goal setting and problem solving
- physical activity
- preventing falls/improving balance
- pain and fatigue management
- relaxation
- better breathing
- communication skills
- medication usage

The DPH and the SDA are working with the State Department of Education to bring program to locations convenient for school and community adults at a time that is convenient for you. We would need your help to secure such a location and to recruit between 8-18 people to attend.

For additional information about this opportunity, please contact Cindy Kozak at 860-509-7737 or cindy.kozak@ct.gov.

!! SAVE THE DATE !!

The Spring School Nurse Supervisor Conference will be held on Thursday, May 19, 2016!!!

Agenda topics:

- Youth Friendly Health care Resources
 - Legislative Issues
- Medication Administration Regulations
- 2016 Election Day Professional Development Opportunities
 - ED513 - Same Health Services
 - Screening Laws
 - Hot Topics!!!

!! SAVE THE DATE !!

Free !! Professional Development Opportunities Free !!

Facilitated by

The Connecticut Department of Social Services

It is not possible to have an operating knowledge of every aspect of each person's cultural background. It is possible to move away from our socialized view of the world and develop an awareness of, respect for, and sensitivity to people's cultural background as we partner to support clients as they make choices and plan their lives.

While many of us consciously engage in embracing difference, we all have unconscious bias that can impact our efforts in ways that we may not even be aware of. As members of human service and learning communities it is important that we become more conscious of and use difference as a positive variable in our work and in our every-day lives.

The training will be offered in two parts. If you attend the Guiding Principles in Using a Culturally Responsive Case Management Assessment we highly encourage you to also attend the Cultural Responsiveness session. For anyone involved in case management activities, both sessions will prove to be a valuable learning experience.

If you are not directly involved with case management then we strongly urge you to sign up for the Cultural Responsiveness training which has overarching value for any of us who work in Humans Services, Education and Employment Services.

CULTURAL RESPONSIVENESS: CONNECTING ON SAMENESS, RESPECTING AND HONORING DIFFERENCE

- Explores the process by which individuals and systems respond respectfully and effectively to people of all
- cultures, languages, classes, races, ethnic backgrounds, religions, and other diverse factors, in a manner that recognizes, affirms, and values the worth of individuals, families, and communities.
- Review and explore the socialization process and implications of the "isms" and specifically micro-aggressions.

THE GUIDING PRINCIPLES IN USING A CULTURALLY RESPONSIVE CASE MANAGEMENT ASSESSMENT and THE CMCR ASSESSMENT TOOL

- Explore the common definition for case management; define the role of a case manager; explore the skills and values inherent in case management; discuss what is it to be "culturally responsive" and why does it matter?
- Review and practice using a culturally responsive case management assessment tool.

THE REGISTRATION FORM IS LOCATED ON PAGE 2 OF THIS BULLETIN.

STEPHANIE G. KNUTSON, MSN, RN
CONNECTICUT STATE DEPARTMENT OF
EDUCATION
EDUCATION CONSULTANT

Connecticut State Department of Education
 Bureau of Health/Nutrition, Family Services and
 Adult Education
 25 Industrial Park Road, Middletown, CT 06457

Phone: 860-807-2108
 E-mail: stephanie.knutson@ct.gov

Nondiscrimination Statement

The State of Connecticut Department of Education is committed to a policy of equal opportunity/affirmative action for all qualified persons and does not discriminate in any employment practice, education program, or educational activity on the basis of race, color, national origin, sex, disability, age, religion or any other basis prohibited by Connecticut state and/or federal nondiscrimination laws. Inquiries regarding the Department of Education's nondiscrimination policies should be directed to the Affirmative Action Administrator, State of Connecticut Department of Education, 25 Industrial Park Road, Middletown, CT 06457-1543, 860-807-2071.